

North Carolina Standards Alignment

North Carolina Early Learning Guidelines for Infants and Toddlers available online at

https://ncchildcare.ncdhhs.gov/Portals/0/documents/pdf/D/dcd_infant_toddler_early_foundations.pdf

Guidelines for ages 3-5 available online at

https://ncchildcare.ncdhhs.gov/Portals/0/documents/pdf/F/Foundations_BW_condensed.pdf

Each set of early learning standards or guidelines listed below include statements that detail particular benchmarks or indicators that educators and caregivers use to identify a child's growth and mastery in each domain. These benchmarks or indicators are used when observing and documenting a child's actions in order to develop appropriate goals.

North Carolina Birth to age 3 Ages 3-5	Early Learning Success Alignment Birth to age 12	Head Start Nationally Recognized Standards
<p>Domain: Health and Physical Development <u>Component for ages 0-3:</u></p> <ul style="list-style-type: none"> • Physical Health and Growth <ul style="list-style-type: none"> - Nutrition - Sleep - Physical Activity • Self-Care • Safety Awareness • Gross Motor/Large Muscle • Motor/Small Muscle <p><u>Components for ages 3-5:</u></p> <ul style="list-style-type: none"> • Self-Care • Safety Awareness • Motor Skills • Physical Health and Growth 	<p>Domain: Physical and Motor Development <u>Components for ages 0-12:</u></p> <ul style="list-style-type: none"> • Gross Motor – the development of large motor muscles; this includes muscle control and coordination, the development of body strength, balance, flexibility, and stamina; and the use of equipment for physical development • Fine Motor – the development of small motor muscles; this includes control and coordination, eye-hand coordination to perform a variety of tasks; exploring and experimenting with a variety of tools • Healthy Living Practices – understanding practices that are necessary for a healthy lifestyle including eating, physical fitness, hygiene and avoiding at-risk behaviors; these 	<p>Domain: Physical Development and Health <u>Components:</u></p> <ul style="list-style-type: none"> • Physical Health Status • Health Knowledge and Practice • Gross Motor Skills • Fine Motor Skills



	healthy living practices promote a healthy self-image	
<p>Domain: Cognitive Development <u>Component for ages 0-3:</u></p> <ul style="list-style-type: none"> • Sensory Exploration & Discovery • Social Connections • Concept Development & Memory • Problem-solving • Creative Expression <p><u>Components for ages 3-5:</u></p> <ul style="list-style-type: none"> • Mathematical Thinking and Expression • Scientific Thinking and Invention • Social Connections • Creative Expression 	<p>Domain: General Cognition <u>Components for ages 0-12:</u></p> <ul style="list-style-type: none"> • Mathematical Knowledge and Reasoning – knowledge of number concepts and operations; patterns and relationships; spatial relationships; measurement; and mathematical reasoning • Scientific Observation and Problem Solving – knowledge of scientific observation, inquiry, and investigation; life science; physical, earth, and space science • Social Systems Understanding – knowledge of family and human relationships; understanding the world in which we live including our community and world; directional and map skills 	<p>General Cognition Domains Mathematics Knowledge and Skills <u>Components:</u></p> <ul style="list-style-type: none"> • Number Concepts and Quantities • Number Relationships and Operations • Geometry and Spatial Sense • Patterns • Measurement and Comparison <p>Science Knowledge and Skills <u>Components:</u></p> <ul style="list-style-type: none"> • Scientific Skills and Method • Conceptual Knowledge of the Natural and Physical World <p>Logic and Reasoning <u>Components</u></p> <ul style="list-style-type: none"> • Reasoning and Problem Solving • Symbolic Representation



		Social Studies Knowledge and Skills <u>Components</u> <ul style="list-style-type: none"> • Family and Community • History and Events • People and the Environment
Domain: Social and Emotional <u>Component for ages 0-3:</u> <ul style="list-style-type: none"> • Developing a Sense of Self • Developing a Sense of Self With Others • Learning About Feelings <u>Components for ages 3-5:</u> <ul style="list-style-type: none"> • Developing a Sense of Self • Developing a Sense of Self with Others 	Domain: Social and Emotional <u>Components for ages 0-12:</u> <ul style="list-style-type: none"> • Self-Concept Development – the development of positive self-confidence, self-esteem, and understanding of themselves • Emotional Development – the understanding of emotions of self and others, and developing strategies for self-regulation • Social Competence and Relationship Development – the ability to establish relationships with peers and adults, and the understanding of positive social behavior 	Domain: Social and Emotional <u>Components:</u> <ul style="list-style-type: none"> • Social Relationships • Self-Concept and Self-Efficacy • Self-Regulation • Emotional and Behavioral Health
Domain: Approaches to Learning <u>Component for ages 0-3:</u> <ul style="list-style-type: none"> • Curiosity and Eagerness • Confidence, Risk-Taking, and Problem-Solving • Attention, Effort, and Persistence • Imagination, Creativity, and Invention • Wonder and Delight <u>Components for ages 3-5:</u> <ul style="list-style-type: none"> • Pondering, Processing, and Applying Experiences 	Domain: Approaches to Learning <u>Components for ages 0-12:</u> <ul style="list-style-type: none"> • Interest in Learning – including curiosity and risk taking; how children approach new learning • Learning Strategies – such as imagination, invention, and persistence; how children apply new learning • Reflective Learning Practices – such as reflection and interpretation; how children 	Domain: Approaches to Learning <u>Components:</u> <ul style="list-style-type: none"> • Initiative and Curiosity • Persistence and Attentiveness • Cooperation



<ul style="list-style-type: none"> • Curiosity, Information-Seeking, and Eagerness • Risk-Taking, Problem-Solving, and Flexibility • Persistence, Attentiveness, and Responsibility • Imagination, Creativity, and Invention • Aesthetic Sensibility 	<p>assimilate new learning into already acquired learning</p>	
<p>Domain: Language Development and Communication <u>Component for ages 0-3:</u></p> <ul style="list-style-type: none"> • Receptive Language (Hearing/Listening/Understanding) • Expressive Language (Talking/Communicating) • Early Literacy <p><u>Components for ages 3-5:</u></p> <ul style="list-style-type: none"> • Receptive Language • Expressive Language • Foundations for Reading • Foundations for Writing 	<p>Domain: Language and Literacy <u>Components for ages 0-12:</u></p> <ul style="list-style-type: none"> • Reading – understands the concepts of print materials including comprehension, print/book orientation, vocabulary development and phonetics, as well as enjoyment of having books read to them or reading themselves • Writing – demonstrates the mechanics of writing including fine motor skill development, and understands that writing is a way of communication including vocabulary and idea development • Speaking – (expressive language) the ability to verbally express ideas, wants and thoughts, and development and use of vocabulary to communicate with others; for some this includes being able to speak English as well as their home language • Listening – (receptive language) the ability to understand verbal and non-verbal cues, follow verbal direction, and increased vocabulary development for comprehending stories and conversation 	<p>Domain: Language Development <u>Components:</u></p> <ul style="list-style-type: none"> • Receptive Language • Expressive Language <p>Domain: Literacy Knowledge and Skills <u>Components:</u></p> <ul style="list-style-type: none"> • Book Appreciation • Phonological Awareness • Alphabet Knowledge • Print Concepts and Conventions • Early Writing <p>Domain: English Language Dev for children who are ESL learners <u>Components:</u></p> <ul style="list-style-type: none"> • Receptive English Language Skills • Expressive English Language Skills • Engagement in English Literacy Activities



<p>Domain: <u>Component for ages 0-3:</u> Included in the Cognitive Domain</p> <p><u>Components for ages 3-5:</u> Included in the Cognitive and Approaches to Learning Domains</p>	<p>Domain: Creativity and the Arts <u>Components for ages 0-12:</u></p> <ul style="list-style-type: none"> • Creating – the ability to use a variety of art mediums to create works of art including the visual arts (painting, sculpting, photography, film etc.), drama and theater, and music • Expressing – the ability to talk about the process of creating, and to discuss feelings related to creating • Evaluation – the ability to evaluate works of art based on feelings, cultural contributions, and preferences 	<p>Domain: Creative Arts Expression <u>Components:</u></p> <ul style="list-style-type: none"> • Music • Creative Movement and Dance • Art • Drama
---	---	--

